

Mechanisms to Evaluate and Improve Staff and Physician Wellness

Ehtisham Mahmud, MD, FSCAI Professor and Division Chief, Cardiovascular Medicine Executive Director, UC Cardiovascular Institute University of California, San Diego



Systems and Evaluations

- Bi-annual employee satisfaction surveys
- Bi-annual faculty satisfaction surveys
- Employee Assistance Program (EAP) program
- HEAR program
- Wellness Committees: University, Health System, Department of Medicine

- Generous vacation policy –staff 3+ weeks per year, and option for comp time in lieu of overtime
- Generous sick policy 12 days per year
- Generous holiday policy 13 paid per year
- COVID-19: 28 paid days in 2020



Catheterization Lab/Interventional Suite

- Autonomy
- Goals/Purpose of Mission
- Value of work performed
- Culture of support: off site retreats (social and planning)
- Recognition of achievements